

ALMA MEMBER & FRIENDS RESOURCES

DIRECTORY

MAY 12, 2020

Primary Care

Carlos Cazares, DO (FP) cddc5@msn.com

Clinicas del Dr. Cazares

448 E. Southern Ave

Phoenix 85040

602-276-8577

6717 N. 59th Avenue

Glendale 85301

623-939-1411

Enrique Cifuentes, Jr., MD (FP) drcifu@gmail.com

Enrique Cifuentes, Sr., MD (IM)

Lorena Conde, PA-C condelatuff@hotmail.com

Gila Internal Medicine

2727 E. Baseline Road, Suite #8

Tempe 85283

602-323-0904

Telemedicine but also open with appointments. Covid 19 testing available.

Joseph M. Gutierrez, MD (FP) jmgutz@yahoo.com

Clinica Médica Del Sol

8022 N. 27th Avenue

Phoenix 85051

602-513-3616

636 E. Southern

Mesa 85210

480-969-5817

Will Innocent, MD (FP) clnicafamiliarbv@gmail.com

Clinica Familiar Bella Vista

515 W. Buckeye Road, Suite 303

Phoenix 85003

602-374-5353

Ruth T. Lim, MD, MD(H) (Ped & Homeopathy/Nutrition) milnat@gmail.com

2058 S. Dobson, Suite 6

Mesa 85202

480-820-4507

Natividad Verdejo-Perez, MD (FP) natyvperez@gmail.com

Pacific Family Medicine

2360 W. Ray Road, Suite #102

Chandler 85224

480-855-3770

Open Tuesdays and Thursdays and via telemedicine

Maressa Alejandro-Reyes, MD (FP) maressa63@aol.com

Williams Family Medicine

515 W Buckeye Rd Ste.304

Phoenix 85003

602-243-6000

Mon-Fri 8am to 4pm No telemedicine, phone consults as needed

Parabatie Misir, NMD (Naturopathy) doctormisir@gmail.com

Centro de Salud Familia de Phoenix

2121 W. Indian School Road

Phoenix 85015

602-241-9105

Internal Medicine

Pedro Rodriguez Guggiari, MD (IM) pedrigez@gmail.com

Julio Marcolini, MD (Inf Dis) jmarcolini@cox.net

True Care MD

Marta Gonzalez (Administrador) martagonza@truecaremd.com

9139 W. Thunderbird Rd. Suite265

Peoria 85381

623-777-4567

14420 W. Meeker Blvd. #105

Sun City West 85375

926 E. McDowell Rd. #203

Phoenix 85006

Roberto Ruiz, MD (IM) drrobertoruiz@swimg.com

Arizona Diabetes Centers

15255 N. 40th Street, Suite 127

Phoenix 85032

602- 253-0855

www.arizonadiabetesfoundation.org

Chioma N. Iweha, MD (Endo) frndly@pandama.com

Panda Medical Associates

Jodene Rainford, Administrator

6760 W. Thunderbird Road, Suite E100 www.pandama.com

Peoria 85381

623-241-9028

Office open with special covid protection procedures. No covid testing or telehealth

Additional Primary Care Resources for Indigent

Ricardo Correa, MD (Endo) riccorrea20@hotmail.com cell: 786-246-5719
UA College of Medicine Phoenix

Phoenix Allies for Community Health (chronic conditions: blood pressure, diabetes, thyroid disease, high cholesterol, minor infections, Primary Care)

2902 W Clarendon Ave

Phoenix 85017

623-455-6470

AZPACH.ORG

By appt only. Free Care Available

Mission of Mercy Free Clinic (chronic disease management, labs, medications)

360 E Coronado Rd #160

Phoenix 85004

5757 N Central Ave (North Phoenix Baptist Church)

Phoenix

301 N Hartford St

Chandler (Chandler First Church of Nazarene)

1001 N Central Ave

Avondale (Avondale Baptist Church)

602-861-2233

www.amissionofmercy.org

Not in service at moment for volunteer safety

The Neighborhood Christian Clinic (chronic disease management, labs, medications, dermatology, dental care, physical therapy, chiropractic care)

1929 W Fillmore St Bldg C

Phoenix 85009

602-258-6008

www.thechristianclinic.org

M,T,R,F 8am to 5:30pm low cost fee (\$30 well care,\$40 dental visit)

*Not in service at moment for volunteer safety**

Pediatrics

Maritza Irizarry, MD (Ped) sunpedaz@aol.com

Angel.sunshinepediatrics@gmail.com

5040 N. 15th Avenue, Suite 104

Phoenix 85015

623-245-0505

Enrique S. Lopez, MD (Ped) glendalepediatrics@gmail.com

Glendale Pediatrics & Family Care

6745 N. 51st Drive

Glendale 85301

623-847-5300

Edward Quiroz, MD (Ped) quiquequiroz@hotmail.com

809 E. Washington, Suite 106 mhayes@almaazpeds.com
Phoenix 85034
602-340-9455

Ruth T. Lim, MD, MD(H) (Ped,MD & MD(H), Homeopathy/Nutrition)
milnat@gmail.com
2058 S. Dobson Suite 6
Mesa 85202
480-820-4507

Oncology - Cancer Care

Arizona Center for Cancer Care
Adela Cano (Physician Relations Manager) adela.cano@arizonaaccc.com
602-477-9820
www.arizonacenterforcancercare.com for locations

Ironwood Cancer & Research Centers
Ironwood Urology www.ironwoodcrc.com
Aaron A. Ambrad, MD aambrad@ironwoodcrc.com
Manuel Eisenberg, MD (Rad Onc)

6111 E. Arbor Avenue
Mesa 85206
480-324-5253

Desiderio Avila, Jr, MD (Urol/Infertility) desiavila@gmail.com
Ironwood Urology
4633 E. Chandler Blvd., Suite 100
Phoenix 85048
480-961-2323

Mario Javier Pineda, MD mjpineda@ironwoodcrc.com
Ironwood Women's Centers
6111 E. Arbor Avenue
Mesa 85297
3686 S. Rome Street
Gilbert 85297
480-792-6006
685 S. Dobson Road
Chandler 85244
480-324-5220

Jason A. Salganick, MD (IM/Oncology) jsalganick@ironwoodcrc.com
11209 N. Tatum Boulevard, Suite 260
Phoenix 85208
602-494-6800
Sandra Surgeo (Marketing & Credentialing Manager) ssurgeon@ironwoodcre.com

Gordon L. Grado, MD (Rad Onc) ggrado@aol.com
Southwest Oncology
2926 N. Civic Center

Scottsdale 85260
480-614-6300

Ophthalmology – Vision Care

Luis Washington Lu, MD (Oph - Complex Surgery) mdeyes203@hotmail.com

Eye Consultants of Arizona

2490 W. Ray Road, Suite 4 (101 and Ray)

Chandler 85224

(814) 594-6868

Monday-Friday 9:00 am to 5:00 pm.

Eye consultations by Synchronic Telemedicine or WhatsApp or FaceTime by calling

Note: CoVid-19 can produce conjunctivitis, uveitis, muscle palsies, and optic neuritis.

Infección en la conjuntiva, inflamación interior ocular, visión doble e inflamación de nervio óptico con pérdida de visión.

Debora Garcia-Zaliskak, MD (Oph-Cornea) debora.e.garcia@gmail.com

Clear Vision Ophthalmology

4533 E. Devonshire Avenue

Phoenix 85018

Ramin Schadlu, MD (Ophth - Retina)

ramin.schadlu@azretvit.com

Anita Prasad, MD

Shabari Seetharam, MD

Arizona Retina and Vitreous Consultants

1728 W. Glendale Avenue, Suite #408,

Phoenix 85021

20201 N Scottsdale Healthcare Dr ste.220

Scottsdale 85255

9305 W Thomas Rd Ste.225

Phoenix 85037

604 W Warner Rd Ste.B7

Chandler 85225

602-232-6066

www.myretinaspecialist.com

www.azretvit.com

Mon-Fri 8am to 5pm. Payment options to meet patient's needs.

Obstetrics and Gynecology

Juan C. Diazcadena, MD (OB/GYN) jcdiazcana@gmail.com

Sonora Women's Healthcare

sonorawh@cox.net

1515 E. Missouri Avenue, Suite 111

Phoenix 85014

602-710-2040

Raúl Osorio, MD (GYN)

drosorio@rauloriosoriodpc.com

gabycadilloazperu@hotmail.com

6242 E. Arbor Avenue, Suite 118

Mesa 85206

480-834-3907

Open Tuesday's and Thursdays only.

Maria Manriquez, MD (OB/GYN) mmanriqu@email.arizona.edu

cell:480-292-5933

Professor, Department of Obstetrics and Gynecology

Director, Pathway Scholars Program

UA College of Medicine-Phoenix, HSEB Office B579,

435 N. 5th Street

Phoenix 85004

602-827-2390

Banner University Medicine Women's Institute (OB/GYN, substance use disorder)

1441 N 12th St

Phoenix 85006

602-521-5700

www.Bannerhealth.com

Mon-Fri 8am to 5pm. Telemedicine

Maria Manriquez, MD

Valleywise Health Womens Care Clinic

2525 E Roosevelt St

Phoenix 85008

www.Valleywisehealth.org

602-344-5407

Mon-Fri 8am to 5pm

Telemedicine. Sliding scale fees

Surgery

Bernard R. Bendok, MD (Neurosurg) Bendok.Bernard@mayo.edu

Mayo Clinic in Arizona

Department of Neurological Surgery

www.mayoclinic.org

Chandan Krishna, MD (Neurosurg) Krishna.Chandan@mayo.edu

5777 E. Mayo Boulevard

Phoenix 85054

480-342-4889

Cyndi Kocinski (Secretary) Kocinski.Cynthia@mayo.edu 480-342-3518

Lynda M. Christel (Administrator) Christel.Lynda@mayo.edu

602-721-9876

Robert Bonillas, MD (Plastic/Reconstructive) drbonillas@scottsdaleplastics.com

9377 E. Bell Road, Suite #367

Scottsdale 85260

480-245-6380

www.scottsdaleplastics.com

Adalberto C. Gonzalez, MD (CV & TS) acgonzalezmd@gmail.com
5333 N. 7th Street, Suite B220
Phoenix 85014
602-368-4500

Julio Rodriguez-Lopez, MD (Vasc) julio.rodriguezmd@gmail.com

Western Vascular Institute
3600 N. 3rd Avenue, Suite B
Phoenix, AZ 85013
602-408-5000

Amber Long, Office Manager along@westernvascular.com

www.westernvascular.com

Arizona Heart Hospital is resuming elective surgery; covid testing provided for all surgical candidates.

Johnny Serrano, DO (General) Jlssx@yahoo.com

Tolina Serrano

5310 W. Thunderbird Road, Suite 102

Glendale 85306

602-547-3300

tolinaserrano@yahoo.com

Sumit Dewanjee, MD (Ortho) onepoint1@hotmail.com

1215 W. Rio Salado Parkway, Suite 105

Tempe 85281

480-449-3979

Desiderio Avila, Jr, MD (Urol)

desiavila@gmail.com

Ironwood Urology

4633 E. Chandler Blvd., Suite 100

Phoenix 85048

480-961-2323

Neurology & Sleep Disorders

Victor Salazar-Calderón, MD (Neuro/ Seizure disorders)

victor@almahealthcare.com

515 W Buckeye Road, Suite 208

Phoenix 85003

602-258-3305

Jeffrey S. Gitt, DO (Neuro/ Spine & Sleep Disorders) jsgitt@aol.com

3805 E. Bell Road, Suite 2400

Phoenix 85032

602-482-2116

Telehealth available to high risk patients. No covid testing.

Pain Management & Spine

Bronislava Shafran, MD (Neuro/Pain Management) drbshafran@aol.com
926 E McDowell Road, Suite 126 barbashley1111@aol.com
Phoenix 85006
602-254-9255

Clifford Baker, MD (Interventional Spine & Pain Management, Physical Medicine & Rehabilitation)
cbaker@novaspine.net Mobile 602-538-1180
NOVASPINE
Sun City 85351
623-777-4747
www.novaspine.net
Telehealth available

Boris Schwartz NMD (car accidents with insurance, natural homeopathic, pain management, erectile dysfunction) vip654321@hotmail.com
14040 N Cave Creek Rd Ste 107
Phoenix 85022
602-788-4333
Fri-Sat 9am to 6pm

Imaging

Raúl Hernandez raulhernandez2469@hotmail.com
Open MRI Solutions www.openmrisolutions.com/
4130 E. Van Buren St, Suite 100
Phoenix 85008
602-244-2442
Self-pay program available.

SimonMed Imaging
4045 E. Bell Road, Suite #143,
Phoenix 85032
Megan Avalos Skinlo Megan.Avalos@simonmed.com 480-251-2315
Carlos Herrera carlos.herrera@simonmed.com 480-340-2495
Scheduling: 480-210-6777
www.simonmed.com (live chat)
Patients by appointment only. Outpatient Imaging for Possible or Positive Covid-19.
Self-pay program available.

Hospice and Nursing Home Care

Frank Cordova, MD (IM) fcordova@azphc.org Cell 602-332-7426
Hospice of the Valley
Suzanne Sanchez (Community Liaison) sysanchez@hov.org 602-515-3492

1510 E. Flower Street
Phoenix 85014
602-530-6900

Edith R. Lopez (Care Coordinator) elopez@traditionshealth.com Cell:
480-710-7042
Traditions Health
14250 W. Wigwam Blvd. 3323
Litchfield Park 85340
480-246-3560

Emma Sanchez (Home Health Specialist) Emma.Sanchez@Gentiva.com Cell
623-523-1285
Kindred at Home
14050 N. 83rd Avenue, Ste.#150
Peoria 85381
480-229-0497

Regenerative Medicine

Carmen Mora, NMD (NMD-Regenerative Medicine Specialist)
drmora@inmedspa.com www.drcarmenmora.com
Medical Director, Innova Medical & Spa www.inmedspa.com
1530 W. Glendale Avenue Ste. 106
Phoenix 85021
602-973-1774

Weight Loss Institute of Arizona
Michael Horlacher, MA (Physician Relations) Michael@wliaz.com

John DeBarros, MD

Catherine K. Ho, DO

Michael J. Orris, MD, MBA

Anuj Parikh, DO

Jason Richardson, MD

Five locations in Phoenix Metro area and one in Tucson, AZ www.wliaz.com
480-829-6100

Ruth T. Lim, MD, MD(H) (Ped, Homeopathy/Nutrition) milnat@gmail.com
2058 S. Dobson Suite 6
Mesa 85202
480-820-4507

Cardiovascular Medicine

Julio Rodriguez-Lopez, MD (Vasc Surg) julio.rodriguezmd@gmail.com
Amber Long (Office Manager) along@westernvascular.com
Western Vascular Institute

3600 N. 3rd Avenue, Suite B

Phoenix 85013

602-408-5000

www.westernvascular.com

Arizona Heart Hospital is resuming elective surgery; covid testing provided for all surgical candidates.

Adalberto C. Gonzalez, MD (CV & TS) acgonzalezmd@gmail.com

5333 N. 7th Street, Suite B220

Phoenix 85014

602-368-4500

Carlos Orrego, MD (Cardio) corrego69@gmail.com Cell: 623-399-3690

Cardiovascular Diseases & Heart Failure Specialist

926 E. McDowell Road, Suite 203

Phoenix 85006

623-439-9494

Modern Vascular (Vascular Intervention)

Your Limb Preservation Partners

535 E. McKellips Rd

Mesa 85203

(480) 223-1333

2919 S. Ellsworth Rd

Mesa 85212

(480) 939-3675

11851 N. 51st Av

Glendale 85304

(602) 362-3035

14780 W. Mountain View Blvd

Surprise 85374

(602) 892-0917

2171 W. Orange Grove

Tucson 85741

(520) 336-9442

Khoa Nguyen, RRT (Lead Clinical Liaison) cell: (480) 204-8404

www.ModernVascular.com

Covid procedures and telemedicine. Covid testing for high risk patients.

Laser Vein Center

202 E. Earl Dr.

Phoenix 480-788-5621

Yesenia Gonzales Physician Liaison cell: (602) 483-3440

www.LaserVeinCenter.com

Covid procedures in place. No telemedicine or covid testing.

Other Resources

Ultrasound Institute Medical Group Technician Training Program

Christine A. Stoskopf, MD (Ultrasound/Radiology) Christine.stoskopf@gmail.com

4250 E. Camelback Road

Phoenix 85018

602-354-4333

www.uimg.org

National Association of Hispanic Nurses, Phoenix Chapter

Anabell Castro, RN, NP (National President) castroanab@msn.com

Veronica Vital, RN, NP (PHDN, VP) vitalrn@msn.com 480-231-9277

Theresa Rojas, RN (Treasurer)

PO Box 67545

Phoenix 85082

<http://www.thehispanicnurses.org/chapters/arizona-chapters/>

Equality Health

Hugh Lytle, CEO

hlytle@equalityhealth.com

Anabell Castro, NP

acthompson@equalityhealth.com

521 S. 3rd Street

Phoenix 85004

602-252-7900

UnitedHealth Care Medicare & Retirement Director Arizona State Dual Special Needs Plans

Marc U. Soto (Vice President) marc_u_soto@uhc.com

16888 W. Belleview Street

Goodyear 85338

602-255-8278